



# 2022 USA TAEKWONDO



# MARYLAND STATE CHAMPIONSHIPS

**SATURDAY: MAY 7, 2022**



COMPETITION VENUE

APG FEDERAL CREDIT UNION ARENA AT  
HARFORD COMMUNITY COLLEGE  
401 THOMAS RUN ROAD BEL AIR, MD 21015



443-243-4124



MARYLANDTAEKWONDO@GMAIL.COM



Sport Poomsae  
with Poomsae Pro Scoring  
Systems



Pairs and Team Poomsae  
with Poomsae Pro Scoring  
Systems



World Class Sparring  
Divisions with Daedo Gen 2  
Scoring Systems



Grass Root Sparring  
Divisions with Daedo Gen 2  
Scoring Triggers

We present to you one of the finest competitions of the year at the most modernized venue with plentiful seating and parking.

**Sanctioned by USA Taekwondo**  
**Organized by Maryland State Taekwondo Association**  
**National Level Tournament Facility & International Referees**

# Welcome Message

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**Greetings Grand Masters, Masters, Instructors, Athletes, & Parents**

March 12, 2022

I am pleased to announce that the Maryland State Taekwondo Association (MSTA) will host the USAT Maryland State Championships on February 22, 2022 at the Harford Community College. In addition to providing young athletes from across the state the opportunity to challenge themselves in competition, the event will serve as a great chance to share in the camaraderie of competition Taekwondo in a quality atmosphere.



We are grateful to the Harford Community College for providing the facilities for the MSTA Qualifier and welcoming our athletes, coaches, schools and MSTA leaders onto their grounds.

For many of our athletes, this event will be their first competition of the 2022 season and the first step to reaching many of the goals they have set for themselves this year. I encourage instructors and parents to prepare your athletes not only for the physical test they will face against their competitors, but also to push themselves to reach their personal best.

Respectfully,

Senior Master Yong Seong "CJ" Chang

*Yong Seong "CJ" Chang*

Maryland State Taekwondo Association President / Tournament Director

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**Greetings Taekwondo Members,**

It brings me great pleasure to welcome everyone to the 2022 USAT Maryland State Taekwondo Championships. This tournament will continue the MSTA legacy of providing athletes with the highest and finest quality of USAT sanctioned Taekwondo competition in the Tri-State area of Maryland, Virginia and D.C.



I sincerely look forward to seeing all of you at this year's Qualifier, so keep practicing and good luck!!!

Senior Master Joseph J. Pirczhalski III

*Joseph J. Pirczhalski III*

Maryland State Taekwondo Association President-Elect / Tournament Advisor

## EVENT POINTS OF CONTACT

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Maryland State Taekwondo Association

Master CJ Chang

443-243-4124

marylandtaekwondo@gmail.com

www.marylandtaekwondo.com

## SANCTIONED BY

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USA Taekwondo

1 Olympic Plaza

Colorado Springs, CO 80909



## GOVERNANCE

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All sanctioned State Championships must use and follow the USA Taekwondo Rules and Regulations.

For current Sparring and Poomsae rules please refer to the following link:

<https://www.teamusa.org/USA-Taekwondo/Features/2020/January/27/USATKD-Ranking-and-Competition-rules>

## VENUE

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401 Thomas Run Road, Bel Air, MD 21015

You may NOT bring any outside food/Drinks into the facility. The Only exception is for athletes which may bring bottled water and power bars. A full concession stand will be open for breakfast, lunch, drinks, and snacks. Please have cash on hand to speed along transactions but credit cards will be accepted. We ask that you please clean up any trash or spills.

# LODGING

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## **Holiday Inn Express Aberdeen-Chesapeake House**

1007 Beards Hill Road, Aberdeen, MD 21001

## **Courtyard Aberdeen at Ripken Stadium**

830 Long Drive, Aberdeen, MD 21001 USA

## **Hilton Garden Inn Aberdeen**

1050 Beards Hill Road, Aberdeen, Maryland, 21001, USA

## **Residence Inn Aberdeen at Ripken Stadium**

830 Long Drive, Aberdeen, MD 21001 USA

# EVENT SPECTATOR TICKETS

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<b>Ticket Pricing</b>	
<b>Event Ticket</b>	<b>At-Door - Cash only!</b> May also be purchased at time of Credential Pickup
<b>ALL Day Pass (Adult 18-64)</b>	\$10.00
<b>All Day Pass (Child 5-17)</b>	\$10.00
<b>Children 4 &amp; Under</b> <b>Adults 65 &amp; Older</b>	\$ 0 - Free

# SCHEDULE

## Weigh-In and Registration:

May 6, 2022

7pm – 9pm

APG Federal Credit Union Arena

- All sparring competitors must weigh-in the day before the competition.
- Athletes only competing in Poomsae (Form) do not need to weigh-in but if pending must still check-in and pick up their credentials the day before.

## Competition:

### May 7, 2022

Ages 12 & up

ALL DIVISIONS  
Cadet / Juniors / Senior / Masters / Pairs / Team / Ultra

REPORT TIME	DESCRIPTION OF EVENT	LOCATION
8:15am - 8:45am	Referee Meeting	APG Federal Credit Union Arena
8:30am - 8:45am	Cadet/Juniors/All Senior & Masters Poomsae	Holding Area in the APG FCU Arena
8:50am - 9:00am	Opening Ceremonies for 12 and up	APG Federal Credit Union Arena
9:00am - 12:00pm	Competition Begins for 12 and up all divisions	APG Federal Credit Union Arena
9:00am - 12:00pm	All other divisions will be called to the holding area	Holding Area in the APG FCU Arena
12:00pm - 1:00pm	Lunch Break	APG Federal Credit Union Arena

**ALL SATURDAY SPARRING COMPETITORS MUST BE CHECKED IN AND WEIGHED IN BY 9:00PM ON 5/6/22**

**SPARRING: DAEDO electronic gear will be used for 12-14/15-17/17-32 Black Belt divisions only. Non-electronic gear will be used for all other DIVISIONS**

### May 7, 2022

Ages 11 and under

ALL DIVISIONS  
Dragons / Tigers / Youth

REPORT TIME	DESCRIPTION OF EVENT	LOCATION
1:00pm - 1:15pm	Dragons/Tigers/Youth Poomsae Divisions	Holding Area in the APG FCU Arena
1:00pm - 1:20pm	Referee Meeting	APG Federal Credit Union Arena
1:20pm - 1:30pm	Opening Ceremonies for 11 and under	APG Federal Credit Union Arena
1:30pm - 5:00pm	Competition Begins for 11 and under all divisions	APG Federal Credit Union Arena
1:20pm - 1:30pm	All other divisions will be called to the holding area	Holding Area in the APG FCU Arena

**ALL SATURDAY SPARRING COMPETITORS MUST BE CHECKED IN AND WEIGHED IN BY 9:00PM ON 5/6/22**

USAT uses the date December 31 of the given year (December 31, 2022) to determine the age of all competitors. For example: an athlete turns 12 on October 26, 2022, so they would compete as a 12 year old in the given event, even though they are 11 years old at the time of the event.

# REGISTRATION DEADLINES & FEES

All registration must take place on the USAT Sport80 system. Please visit [www.usa-taekwondo.us](http://www.usa-taekwondo.us) to register. Please have your USAT membership number accessible to register. USAT has a NO REFUND policy. **NO REFUNDS** will be given for any reason.

## ATHLETES

Divisions	Early Registration Fee	Early Registration Deadline	Final Registration Fee	Final Registration Deadline
1 <sup>st</sup> Division	\$80	April 30, 2022	\$100	May 2, 2022
2 <sup>nd</sup> Division	\$95	April 30, 2022	\$115	May 2, 2022
3 <sup>rd</sup> Division	\$110	April 30, 2022	\$130	May 2, 2022
4 <sup>th</sup> Division	\$125	April 30, 2022	\$145	May 2, 2022
5 <sup>th</sup> Division	\$140	April 30, 2022	\$160	May 2, 2022
6 <sup>th</sup> Division	\$155	April 30, 2022	\$175	May 2, 2022
7 <sup>th</sup> Division	\$170	April 30, 2022	\$190	May 2, 2022
8 <sup>th</sup> Division	\$185	April 30, 2022	\$205	May 2, 2022

**\*\*Early Registration Deadlines end at 11:59am (EST)\*\***

**\*\*Final Registration Deadlines end at 11:59am (EST)\*\***

## COACHES

CIDP LEVEL	Early Registration Fee	Early Registration Deadline	Final Registration Fee	Final Registration Deadline
Associate Coach or Level 1	\$35.00	April 30, 2022	\$55.00	May 2, 2022

**\*\*Early Registration Deadlines end at 11:59am (EST)\*\***

**\*\*Final Registration Deadlines end at 11:59m (EST)\*\***

Coaches are required to complete and pass a background check before they can register and pay for any sanctioned USAT event as well as the USOC Safe Sport Video.

**SPARRING: DAEDO electronic gear will be used for 12-14/15-17/17-32 Black Belt divisions only. Non-electronic gear will be used for all others.**

\*Some gear will be available for sale on site, but we strongly suggest you check your athlete's bag and gear the night before and do not rely solely on these sources. Gen2 socks will be available for purchase onsite by AAMA.\*

# WEIGH-INS & BRACKETING

## SPARRING

**Note:** (Explanation #1) Not exceeding: The weight limit is defined by the criterion of one decimal place away from the stated limit. For example, not exceeding 50kg is established as until 50.0kg with 50.1kg being over the limit and resulting in disqualification. (Explanation #2) Over: Over 50.00 kg marks occur at the 50.1kg reading and 50.0kg and below is regarded as insufficient, resulting in disqualification.

### Ultra Divisions (33+ year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black) (33-45, 46-99)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 58kg	Not exceeding 49kg
Light	Over 58kg & Not exceeding 68kg	Over 49kg & Not exceeding 57kg
Middle	Over 68kg & Not exceeding 80kg	Over 57kg & Not exceeding 67kg
Heavy	Over 80kg	Over 67kg

### Senior Divisions (17-32 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 54kg	Not exceeding 46kg
Fly	Over 54kg & Not exceeding 58kg	Over 46kg & Not exceeding 49kg
Bantam	Over 58kg & Not exceeding 63kg	Over 49kg & Not exceeding 53kg
Feather	Over 63kg & Not exceeding 68kg	Over 53kg & Not exceeding 57kg
Light	Over 68kg & Not exceeding 74kg	Over 57kg & Not exceeding 62kg
Welter	Over 74kg & Not exceeding 80kg	Over 62kg & Not exceeding 67kg
Middle	Over 80kg & Not exceeding 87kg	Over 67kg & Not exceeding 73kg
Heavy	Over 87kg	Over 73kg

**Junior Divisions (15-17 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)**

<b>Classification</b>	<b>Male Divisions Weight Category (KG)</b>	<b>Female Divisions Weight Category (KG)</b>
Fin	Not exceeding 45kg	Not exceeding 42kg
Fly	Over 45kg & Not exceeding 48kg	Over 42kg & Not exceeding 44kg
Bantam	Over 48kg & Not exceeding 51kg	Over 44kg & Not exceeding 46kg
Feather	Over 51kg & Not exceeding 55kg	Over 46kg & Not exceeding 49kg
Light	Over 55kg & Not exceeding 59kg	Over 49kg & Not exceeding 52kg
Welter	Over 59kg & Not exceeding 63kg	Over 52kg & Not exceeding 55kg
Light Middle	Over 63kg & Not exceeding 68kg	Over 55kg & Not exceeding 59kg
Middle	Over 68kg & Not exceeding 73kg	Over 59kg & Not exceeding 63kg
Light Heavy	Over 73kg & Not exceeding 78kg	Over 63kg & Not exceeding 68kg
Heavy	Over 78kg	Over 68kg

**Cadet Divisions (12-14 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)**

<b>Classification</b>	<b>Male Divisions Weight Category (kg)</b>	<b>Female Divisions Weight Category (kg)</b>
Fin	Not exceeding 33kg	Not exceeding 29kg
Fly	Over 33kg & Not exceeding 37kg	Over 29kg & Not exceeding 33kg
Bantam	Over 37kg & Not exceeding 41kg	Over 33kg & Not exceeding 37kg
Feather	Over 41kg & Not exceeding 45kg	Over 37kg & Not exceeding 41kg
Light	Over 45kg & Not exceeding 49kg	Over 41kg & Not exceeding 44kg
Welter	Over 49kg & Not exceeding 53kg	Over 44kg & Not exceeding 47kg
Lt. Middle	Over 53kg & Not exceeding 57kg	Over 47kg & Not exceeding 51kg
Middle	Over 57kg & Not exceeding 61kg	Over 51kg & Not exceeding 55kg
Lt. Heavy	Over 61kg & Not exceeding 65kg	Over 55kg & Not exceeding 59kg
Heavy	Over 65kg	Over 59kg



**Youth Divisions (10-11 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)**

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 30kg	Not exceeding 30kg
Light	Over 30kg & Not exceeding	Over 30kg & Not exceeding
Middle	Over 35kg & Not exceeding	Over 35kg & Not exceeding
Heavy	Over 40kg	Over 40kg

**Tigers Divisions (8-9 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)**

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 21kg	Not exceeding 21kg
Light	Over 21kg & Not exceeding	Over 21kg & Not exceeding 25kg
Middle	Over 25kg & Not exceeding	Over 25kg & Not exceeding 30kg
Heavy	Over 30kg	Over 30kg

**Dragons Divisions (6-7 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)**

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 19kg	Not exceeding 19kg
Light	Over 19kg & Not exceeding	Over 19kg & Not exceeding 23kg
Middle	Over 23kg & Not exceeding	Over 23kg & Not exceeding 27kg
Heavy	Over 27kg	Over 27kg

**Junior Safety Rules:** When attacks to the head are prohibited. The Referee will penalize the athlete for this case. The referee can decide the winner of RSC (Referee Stop Contest) in case of significant difference of competing ability between two athletes

**SPARRING: DAEDO electronic gear will be used for 12-14/15-17/17-32 Black Belt divisions only. Non-electronic gear will be used for all others.**

\*Some gear will be available for sale on site, but we strongly suggest you check your athlete's bag and gear the night before and do not rely solely on these sources. Gen2 socks will be available for purchase onsite by AAMA.\*

# POOMSAE

## INDIVIDUAL POOMSAE

AGE CLASSES	AGE DIVISIONS	BELT COLOR	RANK	COMPETITION TYPE
DRAGONS	6-7 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	SINGLE ELIMINATION
DRAGONS	6-7 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>	SINGLE ELIMINATION
TIGERS	8-9 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
TIGERS	8-9 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>	MODIFIED WTF FORMAT
YOUTH	10-11 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
YOUTH	10-11 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>	MODIFIED WTF FORMAT
CADET	12-14 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
CADET	12-14 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT
JUNIOR	15-17 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
JUNIOR	15-17 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT
1 <sup>ST</sup> SENIOR	18-30 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
2 <sup>ND</sup> SENIOR	31-40 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
1 <sup>ST</sup> MASTERS	41-50 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
2 <sup>ND</sup> MASTERS	51-60 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
3 <sup>RD</sup> MASTERS	61-65 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
4 <sup>TH</sup> MASTERS	66 & OLDER	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
1 <sup>ST</sup> SENIOR	18-30 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT
2 <sup>ND</sup> SENIOR	31-40 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT
1 <sup>ST</sup> MASTERS	41-50 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT
2 <sup>ND</sup> MASTERS	51-60 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT
3 <sup>RD</sup> MASTERS	61-65 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT
4 <sup>TH</sup> MASTERS	66 & OLDER	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT

For current Poomsae rules please refer to the following link:

<https://www.teamusa.org/USA-Taekwondo/Features/2020/January/27/USATKD-Ranking-and-Competition-rules>

Poomsae Draws can be found on page 19 for Black belts and page 20 for color belts.

**PAIRS POOMSAE (CO-ED) – 1 MALE & 1 FEMALE**  
**Cadet (12-14), Juniors (15-17), 1st Pairs (18-30) & 2nd Pairs (31+) Pairs Poomsae**

Division	Belt	Rank	Gender	
Cadet (12-14)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed	Modified WTF Format
Juniors (15-17)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed	Modified WTF Format
1 <sup>st</sup> Pairs (18-30)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed	WTF Format
2 <sup>nd</sup> Pairs (31+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed	WTF Format

\*State Championships can choose to do Dragon, Tigers and Youth Pairs Poomsae, but those divisions will not be available at the USAT National Championships.\*

\*\*State Championships can choose to do color belt Co-Ed Pairs Poomsae, but those divisions will not be available at the USAT National Championships. \*\*

For current Poomsae rules please refer to the following link:

<https://www.teamusa.org/USA-Taekwondo/Features/2020/January/27/USATKD-Ranking-and-Competition-rules>

Poomsae Draws can be found on page 19 for Black belts and page 20 for color belts.

**TEAM POOMSAE – 3 COMPETITORS OF THE SAME GENDER**  
**Cadet (12-14), Junior (15-17) 1st Team (18-30) & 2nd Team (31+) Team Poomsae**

Division	Belt	Rank	Gender	
Cadet (12-14)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female	Modified WTF Format
Cadet (12-14)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male	Modified WTF Format
Juniors (15-17)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female	Modified WTF Format
Juniors (15-17)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male	Modified WTF Format
1 <sup>st</sup> Team (18-30)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female	WTF Format
1 <sup>st</sup> Team (18-30)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male	WTF Format
2 <sup>nd</sup> Team (31+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female	WTF Format
2 <sup>nd</sup> Team (31+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male	WTF Format

\*State Championships can choose to do Dragon, Tigers and Youth Team Poomsae, but those divisions will not be available at the USAT National Championships.\*

\*\*State Championships can choose to do color belt Team Poomsae, but those divisions will not be available at the USAT National Championships. \*\*

For current Poomsae rules please refer to the following link:

<https://www.teamusa.org/USA-Taekwondo/Features/2020/January/27/USATKD-Ranking-and-Competition-rules>

Poomsae Draws can be found on page 19 for Black belts and page 20 for color belts.

# Required Poomsae

## Color Belts

Division	Compulsory Poomsae
Yellow (7th & 8th Geup) All ages	Taegeuk 1, 2 Jang
Green (5th & 6th Geup) All ages	Taegeuk 1, 2, 3, 4 Jang
Blue (3rd & 4th Geup) All ages	Taegeuk 3, 4, 5, 6 Jang
Red (1st & 2nd Geup) All ages	Taegeuk 4, 5, 6, 7, 8 Jang

## Black Belts

Division	Compulsory Poomsae	
6 – 7	Taegeuk 2, 3, 4, 5, 6, 7, 8 Jang, Koryo	
8 – 9		
10 – 11		
Cadet (12 – 14)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang	
Junior (15 – 17)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek	
Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin	
Under 40		
Under 50	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon	
Under 60	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu	
Under 65		
Over 65		
Pair	9 and Under	Taegeuk 2, 3, 4, 5, 6, 7, 8 Jang, Koryo
	10 – 11	
	Cadet (12 – 14)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
	Junior (15 – 17)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek
	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
	Over 30	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Team	9 and Under	Taegeuk 2, 3, 4, 5, 6, 7, 8 Jang, Koryo
	10 – 11	
	Cadet (12 – 14)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
	Junior (15 – 17)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek
	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
	Over 30	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

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## ADDITIONAL EVENTS

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***\*\*\*Additional events held in conjunction with a State Championship are not qualifiers to the USAT National Championships\*\****

### **2022 USAT Referee Development Seminar**

**WHO:** All Grand Masters, Masters, Referees, Coaches, and Competitors

**WHAT:** USAT Referee Development Seminar Certification

**WHEN:** To Be Determined @ 9am

**WHERE:** Vuong's Martial Arts - 1117 State Route 3 North, Gambrills, MD 21054

**INFO:**

Email [marylandtaekwondo@gmail.com](mailto:marylandtaekwondo@gmail.com)

Phone 443-243-4124

**HOW:** Register via Sport80 on the USAT website

**Link:** <http://www.marylandtaekwondo.com>

# WEIGH-INS

1. A competitor's weight shall be measured the day prior to his or her competition day. All competitors must weigh-in during the designated times on the schedule.
2. A competitor's weight may be measured twice. If a contestant does not qualify the first time, one more official weigh-in is granted within the time limit. So as not to be disqualified during official weigh-in, a scale, the same as the official one, shall be provided at the convention center as a test scale.
3. During the weigh-in, the contestant is required to show his/her current photo ID, USAT identification card or birth certificate.
4. Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.
5. Weigh in, for both males and females shall be taken in the official V-neck uniform, or, if a contestant wishes, weigh-in may be done in underpants for male and underpants and bra for female contestants.  
***Under NO circumstances may an athlete weigh-in in the nude in the United States.***

# REGISTRATION CHECKLIST

Completing all items on this list will help ensure a speedy check-in and weigh-in process at the 2022 USA Taekwondo Maryland State Championships

- Register for the 2022 USA Taekwondo Maryland State Championships through the USAT Hang-A-Star online registration system.
- Complete registration payment online. In order to receive the early registration price you must pay by the early deadline. If payment is not received by this deadline the system will automatically update to the late fee.
- Send in Proof of Residency, Citizenship and/or black belt certification if required according to the division you have registered for. Hang-A-Star will indicate which is required upon completion of registration.

**Note:** These are the only acceptable documents that may be submitted any other documents will not be approved.

PROOF OF CITIZENSHIP	AGE	DOCUMENTATION REQUIRED
U.S. Passport	6-7, 8-9, & 10-11: Yellow, Green, Blue, Red, & Black Belts	n/a
U.S. Passport Card	12-14 & 15-17: Yellow, Green, Blue, & Red Belts	n/a
U.S. Birth Certificate	12-14, 15-17, and 18 & Older: Black Belts	Proof of Citizenship
	18 & Older: Yellow, Green, Blue, & Red Belts	n/a
	33 & Older (Ultra): Black Belts	n/a

- Upload a picture (headshot only in BMP, GIF, JPEG, PNG, TIFF and file must be **under 4MB**) to your membership profile. Please do not mail or email a photo.
- Confirmation forms are no longer required for athletes and coaches of all ages. Participants will automatically be confirmed as long as all documentation is received.

# REQUIREMENTS

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All participants must be current USA Taekwondo members. All coaches, referees, club owner/instructors 18 and older are required to complete and pass USA Taekwondo background check prior to being a member of USA Taekwondo and registered for USA Taekwondo state sanctioned event (background checks must be completed every two years). Please see the USA Taekwondo website for more details. Additionally, they will be required to view and complete the USOC Safe Sport video before renewing their membership.





- Athletes must hold the appropriate U.S. citizenship or residency depending on the division he/she participates in.
- All coaches must be, at minimum, AC certified within the USA Taekwondo CIDP program as well as view the Center for Safe Sport Video.
- An athlete **MAY** qualify in the same WORLD CLASS weight (sparring) and/or age category (poomsae) in **MULTIPLE STATE CHAMPIONSHIPS**.

# AWARDS

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## SPARRING

2022 USA Taekwondo Maryland State Championships trophies and certificates will be given out to the top 4 athletes, in the respective divisions and weight categories.

Individual Awards		
1 <sup>st</sup> Place		medals and certificates
2 <sup>nd</sup> Place		medals and certificates
3 <sup>rd</sup> Place		medals and certificates
3 <sup>rd</sup> Place		medals and certificates

## POOMSAE

2022 USA Taekwondo Maryland State Championships trophies and certificates will be given to the top 4 individuals, pairs (co-ed) and teams in the respective divisions.

Individual/Pairs/Team Awards		
1 <sup>st</sup> Place		medals and certificates
2 <sup>nd</sup> Place		medals and certificates
3 <sup>rd</sup> Place		medals and certificates
3 <sup>rd</sup> Place		medals and certificates



# 2022 MAJOR CHANGES

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- **There is no on-site registration at any State Championship or National Championship.**

## SPARRING

- State Associations will have a World Class & Grassroots divisions for CADET SPARRING black belts.
- To qualify for a World Class at the National Championships, an athlete must participate\*\* at a State Championship in that World Class division they wish to compete in.
- State Associations can offer a Non-World Class Black Belt Division for Cadets, Juniors, and Seniors. This division is for athletes that do not have US Citizenship. This division will not be held at Nationals in 2022.
- Athletes participating as a black, red, blue, green, or yellow belt that are 11 years old or younger, as well as the Ultra divisions will **NO LONGER** have to show proof of U.S. residency to compete in at the State or National Championships.
- All World Class 12 – 14 (Cadets), 15 – 17 (Juniors), 17 – 32 (Seniors) Sparring and Poomsae, and 40 and older Poomsae Black Belt athletes must provide proof of U.S. citizenship, if they cannot provide this documentation, they cannot compete in the State Championship or Nationals.
- Winner of the cadet Grassroots divisions will no longer qualify for the World Class division because Grassroots division will use Junior Safety Rules and World Class divisions will use Full Head Contact Rules (see competition rules for full explanation of these rules)
- Once qualified for a World Class division, an athlete is no longer eligible for Grassroots divisions.
- The Ultra division age divisions have been combined to only two divisions now to help provide athletes a better opportunity to have a competitor to fight at events. The new age divisions are 33 – 45 and 46 and older.

***Cadet Poomsae; Junior Sparring and Poomsae; Senior Sparring and Poomsae black belts will have World Class Divisions ONLY (no Grassroots divisions). Those athletes that participate\*\* at a USA Taekwondo State Championships in these black belt divisions will qualify for the World Class Divisions at Nationals.***

## COLOR BELTS

- All color belt athletes will be able to compete in a State Championship and National Championships at the current belt in which they hold. For example, an athlete competed at a State Championship as a green belt but has since tested and received their blue belt. This athlete may now compete at the USA Taekwondo National Championships as a blue belt.
- EXCEPTION: If an athlete competed at a State Championship as a red belt and has since been promoted to black belt, the athlete MAY NOT compete in any black belt divisions.

## PROOF OF BLACK BELT REQUIREMENT

- If an athlete doesn't have a black belt certification uploaded to their profile or provide a copy of certification at the time of registration, the State Association will be able to utilize the black belt verification form. The form will include contact information so that USA Taekwondo can track that each person provides a copy of their black belt certification by the National Championships. If a copy is not provided at the National Championships, then the athlete's coach and/or instructor will be required to apply for a USA Taekwondo Dan black belt certificate at the time of registration. For more information on the USA Taekwondo Dan certification program follow this link: <http://www.teamusa.org/USA-Taekwondo/Resources/Dan-Certification-Program>

## ***ATTACHMENT A***

### **USA TAEKWONDO BLACK BELT VERIFICATION FORM**

***Form must be filled out completely to be valid:***

Athlete Name: \_\_\_\_\_

Athlete USAT Membership Number: \_\_\_\_\_

Athlete/Parent or Guardian Email: \_\_\_\_\_

Athlete/Parent or Guardian Phone Number: \_\_\_\_\_

Coach or Instructor Name \_\_\_\_\_

Coach or Instructor Email: \_\_\_\_\_

Club Name: \_\_\_\_\_

Coach or Club Phone #: \_\_\_\_\_

I, \_\_\_\_\_ certify that \_\_\_\_\_ is a Black Belt  
as of \_\_\_\_\_.

DATE

By signing this form, I understand that \_\_\_\_\_ will compete as a black belt  
in all USA Taekwondo events from this date forward and that I will provide a copy of black belt  
certification by the final registration deadline for the 2022 National Championships to USA  
Taekwondo National Office.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**ATTENTION COACH/INSTRUCTOR:** You will be required to provide the USA Taekwondo  
National Office with a copy of this athlete's black belt certification by the final registration  
deadline of the 2022 National Championships. If documentation is not available at that time, then  
it can be presented at time of registration. If a copy is not available at the time of registration,  
then the coach/instructor will be required to apply and pay for a USA Taekwondo black belt  
certification.

## ATTACHMENT B

### 2022 Maryland State Championships - Poomsae Draw

#### Black Belts

Female	Dragon (6-7)	Tigers (8-9)	Youth (10-11)	Cadet (12-14)	Junior (15-17)	Senior 1(18-30)	Senior 2 (31-40)
Preliminary				Taegeuk 7	Keumgang	Taegeuk 6	Taebaek
Semifinal	Taegeuk 7	Taegeuk 7	Taegeuk 7	Taegeuk 3	Taegeuk 5	Keumgang	Keumgang
Final 1	Koryo	Koryo	Koryo	Taegeuk 5	Taegeuk 7	Taebaek	Koryo
Final 2				Koryo	Taebaek	Koryo	Taegeuk 8

Male	Dragon (6-7)	Tigers (8-9)	Youth (10-11)	Cadet (12-14)	Junior (15-17)	Senior 1(18-30)	Senior 2 (31-40)
Preliminary				Keumgang	Taegeuk 7	Taegeuk 7	Pyongwon
Semifinal	Taegeuk 7	Taegeuk 7	Taegeuk 7	Taegeuk 5	Keumgang	Sipjin	Taegeuk 8
Final 1	Koryo	Koryo	Koryo	Koryo	Taegeuk 5	Pyongwon	Shipjin
Final 2				Taegeuk 7	Koryo	Taebaek	Keumgang

Female Team	Cadet (12-14)	Junior (15-17)	Senior 1(18-30)	31 and Over
Preliminary	Taegeuk 1	Taegeuk 7	Keumgang	Taegeuk 8
Semifinal	Keumgang	Taegeuk 3	Taebaek	Taebaek
Final 1	Taegeuk 5	Koryo	Koryo	Jitae
Final 2	Taegeuk 7	Taegeuk 5	Sipjin	Pyongwon

Male Team	Cadet (12-14)	Junior (15-17)	Senior 1(18-29)	31 and Over
Preliminary	Taegeuk 1	Taegeuk 5	Taegeuk 6	Taebaek
Semifinal	Keumgang	Keumgang	Taegeuk 8	Jitae
Final 1	Taegeuk 5	Taegeuk 7	Keumgang	Pyongwon
Final 2	Taegeuk 7	Taebaek	Koryo	Taegeuk 8

Pairs	Cadet (12-14)	Junior (15-17)	Senior 1(18-30)	31 and Over
Preliminary	Taegeuk 5	Taegeuk 7	Taegeuk 6	Koryo
Semifinal	Koryo	Taegeuk 5	Koryo	Taegeuk 8
Final 1	Taegeuk 3	Koryo	Taegeuk 7	Keumgang
Final 2	Taegeuk 7	Taebaek	Shipjin	Pyongwon

Female	Master 1 (41-50)	Master 2 (51-60)	Master 3 (61-65)	Master 4 (66+)
Preliminary	Shipjin	Keumgang	Keumgang	Koryo
Semifinal	Pyongwon	Jitae	Koryo	Taebaek
Final 1	Taebaek	Shipjin	Shipjin	Jitae
Final 2	Taegeuk 8	Hansu	Taebaek	Cheonkwon

Male	Master 1 (41-50)	Master 2 (51-60)	Master 3 (61-65)	Master 4 (66+)
Preliminary	Taebaek	Koryo	Taebaek	Koryo
Semifinal	Shipjin	Cheonkwon	Koryo	Keumgang
Final 1	Koryo	Pyongwon	Pyongwon	Taebaek
Final 2	Cheonkwon	Keumgang	Hansu	Jitae

## ATTACHMENT C

### 2022 Maryland State Championships - Poomsae Draw

#### Color Belts

##### Yellow Belts

Male/Female	Dragon (6-7)	Tigers (8-9)	Youth (10-11)	Cadet (12-14)	Junior (15-17)	Senior 1(18-30)	Senior 2 (31-40)
Semifinal	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2
Final	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1

Male/Female	Master 1 (41-50)	Master 2 (51-60)	Master 3 (61-65)	Master 4 (66+)
Semifinal	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2
Final	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1

##### Green Belts

Male/Female	Dragon (6-7)	Tigers (8-9)	Youth (10-11)	Cadet (12-14)	Junior (15-17)	Senior 1(18-30)	Senior 2 (31-40)
Semifinal	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1
Final	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3

Male/Female	Master 1 (41-50)	Master 2 (51-60)	Master 3 (61-65)	Master 4 (66+)
Semifinal	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1
Final	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3

##### Blue Belts

Male/Female	Dragon (6-7)	Tigers (8-9)	Youth (10-11)	Cadet (12-14)	Junior (15-17)	Senior 1(18-30)	Senior 2 (31-40)
Semifinal	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3
Final	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 5

Male/Female	Master 1 (41-50)	Master 2 (51-60)	Master 3 (61-65)	Master 4 (66+)
Semifinal	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3
Final	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 5

##### Red Belts

Male/Female	Dragon (6-7)	Tigers (8-9)	Youth (10-11)	Cadet (12-14)	Junior (15-17)	Senior 1(18-30)	Senior 2 (31-40)
Semifinal	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 5
Final	Taegeuk 7	Taegeuk 7	Taegeuk 7	Taegeuk 7	Taegeuk 7	Taegeuk 7	Taegeuk 7

Male/Female	Master 1 (41-50)	Master 2 (51-60)	Master 3 (61-65)	Master 4 (66+)
Semifinal	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 5
Final	Taegeuk 7	Taegeuk 7	Taegeuk 7	Taegeuk 7



# 2022 USAT Maryland State Championships



Official Qualifier Event for U.S. National Championships  
Saturday May 7, 2022  
Harford Community College - APG Federal Credit Union Arena  
401 Thomas Run Road Bel Air, MD 21015  
Register Online at: [www.usa-taekwondo.us](http://www.usa-taekwondo.us)  
Info: (443) 243-4124 [www.marylandtaekwondo.com](http://www.marylandtaekwondo.com)

## TOURNAMENT SITE DIRECTIONS



### **Directions**

From South Of Campus (Baltimore, Washington, D.C.)

1. Take Interstate 95 N. to exit 80 Churchville (Rte. 543).
2. Travel north toward Churchville for approximately 6 miles to the traffic light at the intersection of Rte. 543 and Rte. 22.
3. Turn right on Rte. 22 and continue to the light at Thomas Run Road.
4. Turn left on Thomas Run Road.
5. The College campus is on the right.
6. The Chesapeake Theater is located at Entrance #2 and is the first building on the left.
7. The Amoss Center is located at 200 Thomas Run Road which is on the left side of Thomas Run Road directly across from Entrance #2.
8. The Arena is located at Entrance #1 and is the large building on the right. Parking for the Arena is in the S lot with overflow into the T or C lots.

From North of Campus (Elkton, Wilmington, New York)

1. Take Interstate 95 S to Exit 85 Aberdeen (HWY 22 West).
2. Travel Rt. 22 West to the light at Thomas Run Rd.
3. Turn right onto Thomas Run Rd.
4. The College campus is on the right.
5. The Chesapeake Theater is located at Entrance #2 and is the first building on the left.
6. The Amoss Center is located at 200 Thomas Run Road which is on the left side of Thomas Run Road directly across from Entrance #2.
7. The Arena is located at Entrance #1 and is the large building on the right. Parking for the Arena is in the S lot with overflow into the T or C lots.

## Special Thanks to our Medical Staff



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Bare Essentials Sports Medicine

Is pleased to support the Maryland State Taekwondo Association and  
local tournament at Harford Community College

**Special Thanks to our Vendors**



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**TOLL FREE:** 1-703-996-8750

**BUSINESS HOURS:** Mon~Fri 9:30am ~ 6:00pm



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